

# FY14 INTRAMURAL COMMANDER'S CUP FORT BELVOIR COMBATIVES TOURNAMENT

**Meeting & Sign-up Deadline:** Thursday, November 7, 2013, 1 p.m. Graves Fitness Center  
*Registration must be completed & emailed to [usarmy.belvoir.imcom.mbx.hqbn-combatives@mail.mil](mailto:usarmy.belvoir.imcom.mbx.hqbn-combatives@mail.mil) NLT 13 November 2013 at 5:00 pm*

**Tournament:** Friday, November 15, 2013, 5 - 8 p.m.  
*Mandatory Safety Brief: 4:30-5:15 p.m.  
Note: This is a Standard Rules Tournament, No Striking*

**Location:** Warrior Combative Training Center  
*Bldg 1139 on Gunston Road*

**Eligibility:** Must be assigned or attached to Fort Belvoir. Active Duty or Mobilized/ADOS National Guard/Reserve Component Soldiers/Marines/Airmen/Sailors/Coast Guard/DoD Civilians  
*Fighters must provide PHA or Physical within one year of tournament date. Fighters must provide their own duty uniform, fitted mouth piece and cup. Combatives certification is not required.*

**Weigh-in:** Thursday, November 14, 2013; 6:00 a.m. - 5:00 pm  
*Warrior Combative Training Center: Bldg 1139 on Gunston Road*

## Weight Classes:

	Male	Female
Fly	125 lbs and below	136 lbs and below
Light	140 lbs and below	153 lbs and below
Welter	155 lbs and below	169 lbs and below
Middle	170 lbs and below	185 lbs and below
Cruiser	185 lbs and below	198 lbs and below
Light Heavy	205 lbs and below	227 lbs and below
Heavy	206 lbs and up	228 lbs and up

Questions? Contact CW2 Haynes:  
Phone: (703) 806-4435, E-mail: [joseph.m.haynes4.mil@mail.mil](mailto:joseph.m.haynes4.mil@mail.mil)

